

It's All About HYGIENE

We offer a range of four hygiene treatments for your oral health care. There is nothing like a thorough professional hygiene treatment to make your mouth feel refreshed and sparkling clean.

The Classic 30 minutes

This is a regular check for gum disease, a thorough clean and polish and oral hygiene instruction.

Brace yourself 30 minutes

Braces can trap food easily so it is essential that good oral health is maintained during orthodontic treatment. We will remove hard and soft deposits from around the teeth and braces and advise on oral hygiene instruction.



The Clean Clean 45 minutes

For patients with heavier staining as a result of tobacco/coffee/tea/red wine use; includes a clean using the ultrasonic scaler and hand instrumentation, followed by an intensive polishing air jet. This treatment is completely painless and highly effective and produces a sparkling result.



Periodontal therapy 60 minutes

For those cases where early or later signs of gum disease have been diagnosed we may recommend a longer and more intensive hygiene programme to help stabilise the disease process. Scaling and root planing is a careful cleaning of the root surfaces to remove plaque and calculus [tartar] from deep periodontal pockets and to smooth the tooth root to remove bacterial toxins.



the dental clinic radlett

beautiful natural smiles

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